

# **Falmouth Military Support Group**

## **Troop Wish List Spring/Summer**

**WE NOW COLLECT CELL PHONES for Cell phones for Soldiers!**



### **Snacks and All!**

Powdered **presweetened** drink mixes, water additives AND coffees

- ★ *Propel, Tang, Gator Ade, Crystal Light type- individual packets, Carnation Instant Breakfast packages, 1 lb ground coffees(bagged), instant coffee, instant iced teas,*

Snacks- individual sized packages: (24-36 count packaging are great as we can divide up the individually wrapped items- BJ's type) or small sizes:

- ★ *individual size cereals, breakfast bars ,pop tarts, cookies, nuts, fruit rolls, crackers, pretzels, sunflower seeds, Slim Jims, Beef Jerky, Pepperoni sticks, cheese & cracker packs, trail mixes, power bars, snack cakes (Little Debbie's), salsa & chip packs, fruit cups, pudding cups, Cheese Its, Goldfish, Sunkist Fruit snacks etc.*

Gums, breath mints, Gummie candies – no chocolates for the summer, Nuts!

Individual portion size ready to eat meals (pull tab openings) and Microwavable

- ★ *spaghettios, mac and cheese, beef stew, chili, soups, tuna packets, Ready Rices,etc.*

### **Personal Care Items!**

(Items should be of a personal- portable size only- no aerosols)

Gold bond type body powders, foot powders, Athletes Foot Sprays, antifungal ointments

Odor Eaters, boot insoles, blister pads

Eye wash/ eye drops and Saline nose sprays

Bug repellants (not aerosol), insect wipes (Cutter), plastic flyswatters,

Sun screens, lip balms with sunscreen, Blistex, Carmex

Instant Ice packs, cool packs, neck coolers, lightweight wash cloths

Body wash- men's and women's, small shampoos

Baby/ personal wipes- unscented

Cotton balls, cotton cosmetic squares, Q-tips, personal size Kleenex tissue, Toilet paper

Band Aids, antiseptic ointments,

Medicines: *Tylenol, Aspirin, Aleve, (pain- headache relief), Imodium AD- (stomach ail helpers), Cough drops, Tums/Rolaids (Antacids), Blistex, Cold Eze etc.*

### **Miscellaneous Needs!**

White or black socks- cotton/cotton blend, boot length

Head Lamps

Note cards, small pads of paper, stationary, pens, envelopes, Sharpie markers

Dryer sheets (for deodorizing), solid room deodorizers, Febreeze

Zip lock baggies, small storage Glad Lock type containers

Batteries-AA & AAA, Duct tape, extension cords, Computer zip drives

Crossword, Word Search, Mad Lib, Sudoku, Game books, Joke books, Comic Books,

Small travel games (not full size), poker chips, small footballs, Frisbees

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***www.FMSGrp.org***

***You can find us on FaceBook too!***

***Monetary donations can be sent to: FMSGrp, P.O. Box 2247, Teaticket, MA 02536***